

Teen Adaptive Programs

ADAPTIVE RECREATION SWIM

Have some fun in that water at the Centennial Recreation Center's indoor pool. The water play area will be turned on for some fun free play. Youth must be able to follow the direction of lifeguards or be accompanied by a responsible adult. Fee is charged at the door. Caregivers can enter the facility at no charge.

Instructor: Centennial Recreation Center Lifeguards

Location: Centennial Recreation Center, Pool

Date	Day	Time	Age
9/10-12/17	TH	3pm-4pm	3-18

Residents: \$4 / CRC Discount: Free
Non Resident: \$5 / CRC Discount: Free



DANCE INTO AUTUMN

Get back into the groove of school to the fun beats of our local DJ. Have fun meeting new friends and dancing the afternoon away. This event is designed for youth and adults with disabilities. There is no charge for parents or caregivers to stay at the event.

Instructor: CRC Staff and Volunteers

Location: Centennial Recreation Center, Multipurpose Room

Activity#	Date	Day	Time	Age	Sessions
2700.301	9/11	F	6pm-9pm	12+	1

Resident: \$6 / CRC Member: \$5
Non Resident: \$7 / CRC Member: \$6

Teen Aquatics

FUN 'N' FIT SWIM CONDITIONING

Where getting fit is fun! This is an introductory program, for ages 5-17 years, leading to potentially joining a swim team. Class is Monday through Thursday and features:

- Everybody Wins Philosophy
- Focus on FUN
- Emphasis on the four competitive strokes
- Individual recognition for all participants
- No USA Swimming Registration is required
- Must be able to swim one length (25 yards) free-style, one length (25 yards) back-stroke, and 15 yards breast-stroke
- No swim meet requirements

Instructor: Morgan Hill Aquatics Center staff

Location: Morgan Hill Aquatics Center

Activity#	Date	Day	Time	Age	Sessions
4591.301	9/8-10/1*	M-Th	4pm - 5pm	5-17yrs	16
4591.302	10/12-11/5	M-Th	4pm - 5pm	5-17yrs	16

*Session 1 classes will start on 9/9 due to Labor Day on 9/7

Resident: \$60/ CRC Member: \$53
Non resident: \$67/ CRC Member: \$60

PRIVATE SWIM LESSONS

See page 13 in Aquatics Section for details.



RED CROSS LIFEGUARDING CLASS

Classes are designed to provide the skills necessary to be an effective pool lifeguard. Training includes CPR for the Professional Rescuer, Standard First Aid and Lifeguard Training. Students must pass a basic swim test on the first day of class. Passing of class does not guarantee a position with the City of Morgan Hill. Proper bathing suit is required. For more information, please call Jolie Hunter at 408-782-2134 ext 701.

Instructor: City of Morgan Hill certified staff

Location: Morgan Hill Aquatics Center

Activity #	Date	Day	Time	Age	Sessions
5540.301	9/5, 9/6,	Sa/Su	9am-5pm	15yrs+	4
5540.302	9/12, 9/13	Sa/Su	9am-5pm	15yrs+	4

Resident: \$175/ CRC Member: \$170
Non Resident: \$180/ CRC Member: \$175